

CONNECTING LOCAL FARMS TO FORKS



LOVIN' LOCAL

YOUR GUIDE TO THE BOUNTY OF
WESTERN COLORADO



Valley Food
PARTNERSHIP



CHECK OUT LOVIN' LOCAL ONLINE AT VALLEYFOODPARTNERSHIP.ORG

Welcome Local Food Lovers
and Ag Supporters,



On behalf of Valley Food Partnership (VFP), we are excited to offer the 2020 edition of the Lovin' Local Food Guide and share the bounty of Western Colorado producers and artisans. This guide introduces our hard working partners producing the freshest fruits and vegetables, quality meat and cheeses, beverages, golden honey, baked bread and treats, and specialty products.

As we wrestle with the impacts of COVID-19, and going to the grocery store becomes a safety issue, you might ask, "Where does my food come from?" If the answer is the store (or New Zealand), we invite you to try a different strategy and connect with regional producers at a Farmers Market or a farm stand near you. Consider signing up for a CSA (community supported agriculture) to receive fresh produce straight from the farm or get your hands dirty by signing up for a work share CSA. We believe having the opportunity to talk with producers about your food and how it is grown - is a good thing. Luckily, the Western Slope has a strong agricultural heritage and wide open spaces to grow great food. With Ag practices changing, including a focus on healthy soil and water resources and regenerative farming techniques, we are uniquely poised to address the demand for locally produced food. A "Shop Local" mentality supports local producers and the local economy!

How we feed our bodies while maintaining an active lifestyle enables us to build a healthier future, and a more vibrant community. We invite you to "try on" a new shopping style or grow your own food at one of VFP's community gardens. To learn more about VFP programs including Montrose Farmers' Market, Local Farmacy Rx or Niagara Community Garden, visit our website at: valleyfoodpartnership.org. On behalf of the VFP team, thank you to the partners who have invested in this guide and all it represents!

Colleen Trout, Executive Director, Valley Food Partnership
970.249.0705 | colleen@valleyfoodpartnership.org | valleyfoodpartnership.org












With gratitude to Colorado Health Foundation, Colorado Trust, Colorado Blueprint for Hunger COVID-19 Funds, Montrose Community Foundation, Morgridge Family Foundation, Savor the San Juans contributors and our Valley Food Partners. Thank you!

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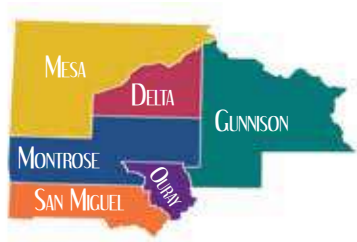
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ICON KEY

 Market/Farm Stand	 Herbs/Apothecary	 Eggs	 Vegetables	 Dairy
 Prepared Foods/Baked Goods	 Farm/Garden/Ranch Supply	 Honey	 Flowers	 Agritourism
 Restaurants & Caterers	 Organizational Partners	 Meat	 Fruit	
 Beverages	 Accepts LFRx Bucks			

THE VALLEY FOOD PARTNERSHIP FOODSHED



EGGS & DAIRY

CITY FARM




Scott Scarborough ~ 62470 Ophir Cir. Montrose, CO 81403 
970.209.2234 ~ sales@cityfarm-montrose.com ~ cityfarm-montrose.com

City Farm is a locally owned farming business based in Montrose, Colorado and serving the entire state of Colorado. Our fresh, organic, natural and wholesome products include gourmet eggs and grass fed valley beef. Please call or visit our website www.cityfarm-montrose.com.

GRAND MESA CREAMERY




Lynae Rogers ~ 1530 W. Main St. Cedaredge, CO 81413 
970.250.3247 ~ grandmesacreamery@gmail.com ~ grandmesacreamery.com

We offer artisanal farmstead cheeses made by hand in small batches. We follow the principle - the healthiest and happiest animals produce the best products. We believe in sustainable agriculture and a humane natural approach to animal husbandry. By caring for the land and surroundings, our customers and community help us produce the finest products possible. Find our cheeses at Straw Hat Farm Market, Blaine's Farm Market, Skip's Farm to Market, Ridgway and Palisade Farmers Markets, or order online.



MILK AND HONEY HOMESTEAD



Tami Boggan ~ 14321 6000 Rd. Montrose, CO 81403
970.417.7506 ~ bogganfamily@msn.com 

Our dairy practices are beyond organic and extremely humane! Milk is bottled fresh daily in glass jars with a full cream line on top. Raw milk shares are available year round for easy weekly pick up at the homestead. A2A2 milk (no beta casein proteins) is available for those with allergies or intolerance. Call to schedule a tour and tasting. Delivery routes to outlying areas.

EGGS & DAIRY

WEBB DAIRY ROCKING W CHEESE



5644 Highway 348 Olathe, CO 81425 

970.323.5994  sales@rockingwcheese.com  rockingwcheese.com

Rocking W Cheese is FARMSTEAD ARTISAN, meaning the milk from which it is made comes from the family's own dairy cows within 24 hours of milking – thus ensuring supreme freshness. All of our cheeses are handmade in either small or bulk quantities. We produce a variety of cheeses, milk and even ice cream! Available online, at our store in Olathe, and at several retail outlets.



LOCAL 
Farmacy
Nurturing Farms and Families **Rx**



Local Farmacy Rx (LFRx) provides education and nutritional assistance for families at risk of developing diet-related diseases.

By creating partnerships between nutrition educators, community food producers, and healthcare providers, LFRx increases consumption of local fruits and vegetables and improves health in the communities of Montrose, Olathe, and Delta.



ValleyFoodPartnership.org
lfrx@valleyfoodpartnership.org / 970-249-0705

LOOK FOR THE **Rx** TO FIND PARTICIPATING LOCAL FARMACY PARTNERS

FRUITS

CONNER ORCHARDS



Ed and Laurie Conner ~ 30846 L25 Rd. Hotchkiss, CO 81419

970.872.3066 ~ connerorchards@gmail.com ~ connerorchards.com 

Conner Orchards grows fruit including cherries, peaches, apples and plums. We also feature a variety of lavender products from our 600 plants. Our goal is to produce a quality product! To Ed, this means juice running down your chin when you bite into a peach. To Laurie, this means a unique lavender-infused jam (low sugar of course)! For our customers, this means we want each and every product they receive from us to exceed their expectations! Available online, and at retail stores and Farmers Markets.

ELA FAMILY FARMS



Steve Ela ~ 30753 L Rd. Hotchkiss, CO 81419

970.872.3488 ~ info@elafamilyfarms.com ~ elafamilyfarms.com 

We are a family farm growing over 55 varieties of organic tree fruits—cherries, peaches, pears, apples, plums, plus organic grapes and multiple varieties of organic heirloom tomatoes. Every last thing we sell or make—from fresh fruit to artisanal organic jams, jellies, fruit butters, sauces, dried fruits, and cider—we grow ourselves. Our business is built on flavor, environmental stewardship, quality, local food we can all believe in, and building relationships.




**HONEY ACRE
FARMS**

COME VISIT CHUCK + JAMI AT
THE HONEY ACRE FARMS'
FARM STAND ON
OAKGROVE + S. TOWNSEND
OPEN MID-APRIL TO SEPTEMBER
~970.901.8604~

FRUITS

TOPP FRUITS



Harrison Topp ≈ 10457 3100 Rd. Hotchkiss, CO 81419
303.918.3538 ≈ harrison topp@gmail.com 

The family mission of Topp Fruits is to provide quality, nutrient dense stone fruits to consumers across Colorado. We give special consideration to environmental stewardship and resource management. Our fruit can be found at farmers markets, grocery stores, and in premium value added products. A portion of our crop will always go to low-income families via the partnerships we have with Colorado non-profits. Available at Rogers Mesa Fruit and Ridgway COOP.



Growing the Heart of Eckert, CO!

- Farm Markets
- Wholesale & Retail
- Fine Fruit
- Hemp
- CBD

Delicious Tomatoes & Veggies
Raw Honey, Fresh Juices, and More!

Wholesalers - 970.778.5327 • wagsworldorchards.com • 888.604.4673

Wag's World
Fine Fruit Growers

WAG'S WORLD ORCHARDS



J. Waggoner ≈ 20553 Nowhere Rd. Eckert, CO 81418
970.210.1713 ≈ info@wagsworldinc.com ≈ wagsworldorchards.com

We Grow the Heart of Eckert, CO! Wag's World Orchards safely grows superior fine fruits and vegetables, specializing in cherries, peaches, apples, plums, nectarines, tomatoes, raw honey and many other fine fruits and vegetables. We serve the wholesale and retail customer with a mission to grow the biggest, best-tasting and best quality products at a reasonable market price. USDA, FSMA and GAP Certified.

VEGETABLES

BLACK CANYON APOTHECARY GARDENS



Alicia Michelsen ~ Crawford, CO 81415
970.433.5852 ~ vsbcalicia@gmail.com

Apothecary Gardens utilize biodynamic and trinium methods to grow medicinal herbs, flowers and foods. We produce high quality remedies for healthy living. We provide foods for the Learning Council's Thursday lunches and teach through the learning council, VOGA, and Viva La Vida Foundation. Available by appointment.

CHAMBERLAIN FARM



Todd Chamberlain ~ 5301 5250 Trail, Delta, CO 81416
970.697.3787 ~ producert68@hotmail.com

Since 1978, we've raised a wide variety of chemical-free vegetables on our small family farm, while preserving a sustainable farm ecosystem. We aspire to produce supreme quality, freshness and flavor in our produce through paying close attention to mineral balancing, organic matter and fertility in our soil. You can find us at the Montrose Farmers Market, where we have been selling our products for 40 years!

CIRCLE A GARDEN



Betsy Austin ~ 20341 Pahgre Rd. Montrose, CO 81403
970.249.9725 ~ circleagarden@outlook.com ~ circleagarden.com

Growing in harmony with nature, we focus on producing a wide variety of vegetables, herbs, and fruit without the use of synthetic inputs. We feed the soil, the soil feeds the plants, and the plants feed the people. We specialize in growing a wide variety (over 100) of heirloom and unusual vegetables, herbs, and some fruit. Join our CSA and visit the farm every week from April to November.

ICON KEY



Market/Farm Stand



Herbs/Apothecary



Eggs



Vegetables



Dairy



Prepared Foods/Baked Goods



Farm/Garden/Ranch Supply



Honey



Flowers



Agritourism



Restaurants & Caterers



Organizational Partners



Meat



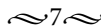
Fruit



Beverages



Accepts LFRx Bucks



VEGETABLES

EATIN' GREENS FARM



Steve and Soozie Arnold ~ 61141 Meadow Lark Ln. Montrose, CO 81403
970.318.1476 ~ steve@eatin.green ~ eatin.green/

We are a hydroponic farm in Montrose providing hyper-local leafy greens to the community. Our greens are better tasting, more nutritious and longer lasting. Sustainable farming at its best! USDA GAP/GHP certified.

FIELD TO FORK



Jessica Washkowiak ~ 3526 Front St. Palisade, CO 81526
970.216.2642 ~ fieldtoforkfarm@gmail.com ~ fieldtofork-farm.com

Field to Fork is a small, organic, family run farm in Palisade, CO. We grow a variety of annual fruits and vegetables as well as stone and pomme fruit. We work with many great local restaurants in our area. Thanks to Valley Food Partnership, in 2017 we started growing produce for our local school district. We love farming in Palisade, feeding our community nutritious food and helping improve our local food system.

GLEN AHLBERG FARM



Glen Ahlberg ~ 15916 6900 Rd. Montrose, CO 81401
970.209.6132

From vegetables and honey to wood crafts, my goal is to provide healthy, appreciated products. Available at craft stores around the western slope and at the Montrose Farmers Market.

GUNNISON GARDENS



Susan Wyman ~ 600 W US Hwy 50 Gunnison, CO 81230
970.707.5323 ~ sue.wyman@gunnisongardens.com
gunnisongardens.com

Gunnison Gardens provides delicious, nutrient-dense vegetables, cold-hardy fruits, eggs, and pastured poultry without pesticides, herbicides, or added chemicals. By nurturing our soil, we nourish the plants and animals that feed a vibrant Gunnison Valley community.

VEGETABLES

HIGH DESERT SEED AND GARDENS



Laura Parker ~ 22764 Hwy 550, Montrose, CO 81403

970.240.3701 ~ laura@highdesertseed.com ~ highdesertseed.com 

High Desert Seed and Gardens produces fresh veggies and seed for the region. We are working to develop and save seed that is adapted to high mountain desert regions, for farmers and gardeners to maintain biological diversity and regional resiliency. We strive to produce nutrient dense food that meets high standards of taste and quality. Check out our newest location, the COOP farm stand, open M-W in Ridgway, beside Eatery 66. Seeds are available online and at your local garden centers.

MACARIO'S PRODUCE



Maria Suarez ~ 159912 Hwy 50, Olathe, CO 81425

970.275.8158 ~ macariosfarm.970@gmail.com 

A family farm, we value being part of the Western Slope community. We aim to provide delicious fruits and vegetables at great prices. Available at the Montrose Farmers Market, our farm stand in Olathe, and several area restaurants. Hablamos Español.



ICON KEY



Market/Farm Stand



Herbs/Apothecary



Eggs



Vegetables



Dairy



Prepared Foods/Baked Goods



Farm/Garden/Ranch Supply



Honey



Flowers



Agritourism



Restaurants & Caterers



Organizational Partners



Meat



Fruit



Beverages



Accepts LFRx Bucks

VEGETABLES

HARDY SEED FOR HARDY SOULS



SEEDS REGIONALLY GROWN AND ADAPTED FOR
THE **HIGH MOUNTAIN** AND **DESERT** GROWER





AVAILABLE ONLINE AND AT:

NORTH FORK VALLEY
Paonia Farm & Home Supply
Earth Friendly Supply Co.
Farm Runners

MONTROSE
Straw Hat Farm Market
Camelot Gardens
BuildASoil LLC

RIDGWAY
Park Nursery

HIGH DESERT
Seed+Gardens

  @highdesertseed www.highdesertseed.com 970.240.3701

MOUNTAIN ROOTS FOOD PROJECT



Holly Conn ~ 107 E. Georgia, 3B, Gunnison, CO 81230
970.417.7848 ~ info@mountainrootsfoodproject.org
mountainrootsfoodproject.org

We are a local food systems initiative based in Gunnison Valley. We operate a 2-acre community farm and four year-round hydroponic container farms. We offer a 16-week multi-farm CSA, a small food hub, and farm fresh, value-added products through an online marketplace. With the strength of volunteer power, we manage a network of community gardens, run the Farm to School program for the school district, and build food security for low income residents through Backyard Harvest, food pantry donations, and Cooking Matters programs.

VEGETABLES

SOUTH RIVER AQUAPONICS



Peter Ullman ~ 18046 6650 Rd. Montrose, CO 81401

info@soriverfarms.com ~ soriverfarms.com

Our mission is to provide fresh and organic products while developing an awareness of healthy food production systems. By utilizing current technology with ancient techniques, we achieve this goal on a minimal carbon footprint. Our products are sustainably produced without the use of GMOs, pesticides, herbicides, added hormones or toxic chemicals. Fish feed plants; plants clean water. Look for our mushrooms at your local Natural Grocers.

THISTLE WHISTLE FARM



Mark Waltermire ~ 10872 3500 Rd. Hotchkiss, CO 81419

970.623.5015 ~ thistlewhistlefarm@gmail.com

On the outskirts of Hotchkiss, we grow specialty vegetables, small fruits and herbs. We also have dairy goats and host a variety of educational programs. At Thistle Whistle you can find rare plants including spilanthes, papalo, hundreds of different heirloom tomatoes and unique peppers. Available through our pick-to-order CSA program, area restaurants, the Gunnison Farmers Market, and on the Front Range at the Union Station Farmers Market.

YURTSTEAD FARM



Jenn Mueller ~ 11885 5800 Rd. Montrose, CO 81403

435.210.0016 ~ yurtsteadfarm@gmail.com

We are an off-grid solar farm producing vegetables, cut flowers, meats, and eggs. Our hogs, heritage turkeys, and chickens are rotationally grazed on pasture and in our gardens. We use regenerative agricultural practices to build nourishing, living soils, which results in nutrient-dense food for humans and seasonally-diverse flowers for pollinators, never using chemicals, pesticides, or harmful practices. Our goods are available at our farm and CSA, and at the Montrose, Crested Butte, and Ridgway Farmers Markets.

FLOWERS

ALPENGLLOW GROWERS FLOWER FARM



Cynthia Alvarez, Florist, Farmer 

970.209.5774  Cynthia@alpenglwogrowers.com  alpenglwogrowers.com

Experience the difference of our local flowers! Our flowers are different from the commercial floral trade because they are cut within days of your purchase. We focus on sustainable and organic farming practices and believe that feeding the land year after year is not only the right thing to do but also yields the best flowers for your events, to gift, or to bring into your home or office. Find us online or sign up for a weekly bouquet subscription.

ZEPHYROS FARM AND GARDEN & STUDIO Z FLOWERS



Don Lareau or Daphne Yannakakis  11466 3725 Rd. Paonia, CO 81428

970.527.3636  info@zephyrosfarmandgarden.com

zephyrosfarmandgarden.com  studiozflowers.com 

Studio Z Flowers is the design studio at Zephyros Farm and Garden, a certified organic flower and vegetable farm. Soulful flowers, exceptional design for weddings and events, on farm weddings, and wholesale orders. Find us at Telluride or Aspen Farmers Markets.



MEAT & PROCESSING

INDIAN RIDGE FARM



Tony & Barclay Daranyi ~ 1401 County Rd. 43ZN Norwood, CO 81423
970.327.4762 ~ indianridgegranola@gmail.com ~ indianridgefarm.org 

Walking the talk for over 18 years by nurturing the land, the community, and future farmers. Our broilers are raised on pasture, fed organic grain and processed on site in our state-approved facility. We also sell pastured eggs, vegetables, bone broth and pâté. Please visit us here at the farm or find our products through Norwood's Fresh Food Hub and the Telluride Farmers Market.



KINIKIN PROCESSING, LLC



1032 6450 Rd. Montrose, CO 81401
970.240.4329 ~ kinikin.com 

We are a USDA custom meat processor offering valley raised beef, pork & lamb, individual beef, pork & lamb cuts, homemade jerky & summer sausage, elk & buffalo steaks, burgers & sausage, all-natural chicken and top-of-the-line seafood. We also offer custom meat processing for beef, pork, lamb and wild game. Hours: Monday-Friday 8-6, Saturday 10-2. Additional hours during hunting season.

USDA & Custom Processing

- ◆ Valley-raised beef, pork and lamb
- ◆ All hormone and antibiotic free meat
- ◆ Individual beef, pork and lamb cuts
- ◆ Homemade jerky & summer sausage



Fresh Meat Counter & Sandwich Shop

- ◆ Elk & buffalo steaks, burgers and sausage
- ◆ All-natural chicken and top-of-the-line seafood
- ◆ Call ahead ordering



(970) 240-4329 — 1032 64.50 Rd. Montrose, CO — kinikin.com

MEAT & PROCESSING

LAMBORN MOUNTAIN FARMSTEAD



James and Carol Schott ~ 42229 Lamborn Mesa Rd. Paonia, CO 81428
970.527.5105 ~ jameschott@sopris.net ~ lambornmountainfarmstead.com

Lamborn Mountain Farmstead is a family owned farm that sits on Lamborn Mesa, overlooking Paonia, Colorado in the North Fork Valley. We practice biodynamic and sustainable farming methods. We grow lavender and sell fresh and dried bouquets, culinary buds, essential oil, goat milk soap, lotion and more. We also sell 100% grass-fed Highland Beef (halves and quarters).

PARKER PASTURES 100% GRASS-FED BEEF & LAMB

Pristine High Mountain Meats
Pasture Grazed—Humanely Raised
Eco-Friendly
Quarters, Halves and Wholes

ORDER ONLINE
PARKERPASTURES.COM



PARKER PASTURES



Bill and Kelli Parker ~ 379 CR 14 Gunnison, CO 81230
970.901.2657 ~ info@parkerpastures.com ~ parkerpastures.com 

Pristine, high mountain, 100% grass-fed and finished BEEF and LAMB. Always 100% grass-fed, pasture grazed, chemical free, non-GMO, humanely raised, and eco-friendly. Parker Pastures is dedicated to providing our community with the purest meats, raised in an eco-friendly way that regenerates landscapes. Specializing in quarters, halves, and wholes. Order online at parkerpastures.com! Our Beef is also served at the Sunflower Restaurant in Crested Butte.

MEAT & PROCESSING

PRINCESS BEEF



Cynthia and Ira Houseweart ~ 32282 J Rd. Hotchkiss, CO 81419
970.872.2144 ~ 970.216.5897 ~ princessbeef@gmail.com
princessbeef.com

Since 1999, 100% grass-fed beef certified by both the American Grassfed Association and Animal Welfare Approved. No added hormones, antibiotics, herbicides, pesticides or chemical fertilizers. Never confined in a feedlot. Quarters, halves and whole beef available for fall delivery. Reserve early. Please call to see the herd.

WESTERN HERITAGE FARMS



Steve Hale ~ 14387 N 74 Rd. Montrose, CO 81401
970.209.0126 ~ steve64hale@gmail.com

Premium 100% grass-fed and finished beef using Heritage Galloway genetics. No antibiotics, hormones, chemical-free, humanely handled and raised. Western Heritage Farms is owned by pioneer families producing on the land for over 100 years. We offer packages, quarters, halves, and whole carcass. Find our beef at Eatery 66 in Ridgway and at the Montrose Farmers Market.

WOVOKA RANCH



Stephen and Kerissa Taylor ~ 12851 6800 Rd. Montrose, CO 81401
435.224.4593 ~ 970.901.6253 ~ wovokaranch@gmail.com
wovokaranch.com

The pride of our ranch comes from raising chem-free, clean foods, that taste amazing. We are passionate about using the earth to be our greatest ally for animal health. We offer a variety of pastured and non-GMO meats. Pasture finished Highland beef, pork, chicken, goat, lamb, and eggs. You can purchase our products online at wovokaranch.com, on-site at our ranch store, and through our monthly delivery and subscriptions. You will also find our beef at the Straw Hat Farm Market in Montrose.

LOCAL FOOD DISTRIBUTORS

FARM RUNNERS



Katie Darlington ~ 235 Hwy 133 Hotchkiss, CO 81419

970.872.9633 ~ info@farmrunners.com ~ farmrunners.com 

Farm Runners works directly with farmers and food artisans on the Western Slope to bring local food to individuals and wholesale customers alike.

- Retail Market and Cafe (aka “The Station”)– Located in Hotchkiss. Offering 100% locally grown produce, Colorado–made pantry goods, and from–scratch prepared foods.
- Cooperative CSA – weekly produce boxes (with optional add ons) delivered to pick–up sites in the Uncompahgre, Roaring Fork, and Gunnison Valleys.
- Wholesale customers (restaurants, caterers, and grocers)– weekly deliveries to Roaring Fork, Grand Valley, Montrose, Ridgway, Telluride, Gunnison, and Crested Butte.

FRESH FOOD HUB



1570 Grand Ave. Norwood, CO 81423

970.327.0418 ~ norwoodcollective@gmail.com ~ freshfoodhub.net 

FRESH. LOCAL. COMMUNITY. We’re striving to offer a market place that increases access to quality foods in our community, accommodates small scale local producers, incentivizes the growth of products and food in our region through economy and education services. Retail store located on Grand Avenue (Norwood’s main street). See the website for current health and well-being classes and workshops.

VICKI’S FRESH FOOD MOVEMENT



Vicki Renda ~ PO Box 1238, Norwood, CO 81423

646.245.6580 ~ vicki@thefreshfoodmovement.com
thefreshfoodmovement.com 

Our Mission: Soil to Table. Vicki’s Fresh Food Movement works to encourage the consumption of local food on the Western Slope by picking food up at farms so that farmers can keep farming. Serving Telluride, Placerville, Ophir, Rico, and Ridgway, we deliver fresh local food from a regional and diverse food network of farmers, ranchers, and artisans!

MARKETS & FARM STANDS

BIG B'S DELICIOUS ORCHARDS



Jeff Schwartz ~ 39126 Highway 133, Hotchkiss, CO 81419

970.527.1110 ~ info@bigbs.com ~ bigbs.com

Big B's Delicious Orchards is the home of Big B's Fabulous Juices and Hard Cider. Located 1 mile west of Paonia, guests come from far and wide to pick a variety of fruits and vegetables from the organic orchard and garden, enjoy a hearty meal, dance to local bands, spend the night camping in the orchard, enjoy Big B's Juice & Hard Cider, swing on legendary tree swings, shop for Colorado-made gifts, and much more! Open April through November, events and information can be found at www.bigbs.com.

THE COOP FARMSTAND



520 Sherman St. Ridgway, CO 81432

970.275.3409

The COOP Farmstand, a cooperative of small farmers offering fresh organic fruit, produce, meat and bread from High Desert Seed and Gardens, Topp Fruits, Laid Back Beef, and Blue Grouse Bread. Located beside Eatery 66 in Ridgway. CSA subscriptions available or visit the farmstand June-September, 4pm-7pm, M, T, Weds.

FRESHIES AT RIVERSIDE



Samantha Wynne ~ 62951 LaSalle Rd. Montrose, CO 81401

970.615.7420 ~ freshiesfarms@gmail.com ~ freshiesfarms.com

We are a family owned farm, growing sustainable nutrient dense veggies and fresh cut flowers. We enjoy bringing our community together through food and fun! Available on farm, online and at our garden center.

ICON KEY



Market/Farm Stand



Herbs/Apothecary



Eggs



Vegetables



Dairy



Prepared Foods/Baked Goods



Farm/Garden/Ranch Supply



Honey



Flowers



Agritourism



Restaurants & Caterers



Organizational Partners



Meat



Fruit



Beverages



Accepts LFRx Bucks

MARKETS & FARM STANDS

HONEY ACRE FARMS FARM STAND



Chuck and Jami English ~ 1520 E. Oak Grove Rd. Montrose, CO 81401
970.901.8604 ~ jamienglish@yahoo.com

We open in April with fresh picked, local asparagus and continue through September carrying a wide variety of fruits and vegetables. We have amazing Mirai sweet corn, Palisade cherries and peaches. We carry local tomatoes, cantaloupes, watermelons, pumpkins, local honey and Jami's awesome homemade jams! Like and follow our Facebook page to get 10% off your 1st purchase. 10% cash purchase discount to seniors, military and 1st responders. Visit us behind US Bank on the corner of S. Townsend and E. Oak Grove Rd.

LITTLE FLOWER COLO. HEMP COMPANY



Peggie Baker ~ 428 E. Main St. Montrose CO 81401
970.497.1794 ~ littleflowerhempcompany.com

Little Flower is "From Crop to Drop." We grow our hemp using organic practices and extract and craft our whole plant hemp products in small batches. We believe in keeping the integrity of the plant so we do not use CBD isolate. From our tinctures and body care to our clothing and pet treats, our products are clean and natural. Check out our wide variety of hemp products online or at our store in downtown Montrose.

Little Flower
Colo. Hemp Company
From Crop to Drop

We grow our own hemp right here in Montrose.


We use our locally grown Little Flower Whole Plant Extract in all of our Amazing Products!

428 E. Main St. Montrose — 970.497.1794 — littleflowerhempcompany.com

MARKETS & FARM STANDS

MATTICS ORCHARDS




Kerry and Tammy Mattics ~ 8163 High Mesa Rd. Olathe, CO 81425
970.234.7169 ~ TaKerEnt@aol.com 

We grow a wide variety of fruits and vegetables. Using natural production methods and minimizing the use of fertilizer and pesticides, we ensure healthy produce for our customers and provide environmental stewardship. Available seasonally on farm and at our two convenient Montrose farm stands located on the corner of the San Juan Bypass and Main Street and on the south side of Montrose beside Alpine Bank on Odelle Road.

STRAW HAT FARM MARKET & KITCHEN STORE



Karen Byler ~ 514 S. 1st St. Montrose, CO 81401
970.417.4744 ~ StrawHatFarmMarket@gmail.com
strawhatfarmmarket.com 

The unique melding of quality kitchen tools, bulk grains, and local foods make this market a local attraction. We are your source for local produce, certified organic fruit, honey, cheese, eggs, grass-fed and finished beef, and beverages. Baked goods and prepared foods here, too! Open Tuesday through Saturday, year round, in downtown Montrose.



WILD GAL'S MARKET



Galit Korngold ~ 356 Main St. Nucla, CO 81424
970.864.2265 ~ wildgalsmarket@gmail.com 

At the top of Main Street in Nucla you will find Wild Gal's Market – a healthy food store offering fresh local produce, organic everything and delicious homemade food for busy families and travelers on the go... This is the place to source the ingredients for your own recipes or indulge in a variety of homemade meals, baked goodies, as well as health & beauty care products.

AGRITOURISM

COVERED BRIDGE RANCH & COLORADO CONIFERS



Natalie Riessen ~ 17249 6250 (Dave Wood) Rd. Montrose, CO 81403 
917.224.5313 ~ natalie@coveredbridgeranch.com ~ coveredbridgeranch.com

We are a family operated tree farm (Colorado Conifers). We grow evergreens and deciduous landscape trees for sale (retail and wholesale). In addition, at our Covered Bridge we host a Pumpkin Patch Fall festival and for Christmas, families come to choose their Christmas Trees in a fun family holiday environment. Fall vegetables, hay and grass-fed beef are also available. View our website for details and directions. We look forward to your visit. Please feel free to contact us.

MOUNTAIN HARVEST FESTIVAL



mountainharvestfestival.org/ 

Mountain Harvest Festival is a non-profit, four-day festival held in Paonia, Colorado on the last full weekend in September. It showcases and supports the bounty of the North Fork Valley.



MONTROSE FARMERS' Market

The only year-round Farmers' Market on
the Western Slope

• • •
Summer Hours

Saturdays 9:00am - 1:00pm

Between E. Main and 1st on S. Uncompahgre

Check Facebook for our Winter Dates: Saturdays 10 - 1

• • •
Fresh Fruits & Veggies • Natural Meats • Baked Goods
Jams & Jellies • Arts & Crafts • Kids Corner • Live Music



Visit our Facebook and Instagram Pages!

 Eat Local Message Board

 Valley Food Partnership

 @valleyfoodpartnership



Regional Farmers Markets

Tuesday

Paonia • 41679 O Rd • Arbol Farm Market Facebook

Wednesday

Mountain Village • Heritage Plaza • marketontheplaza.com

Thursday

Grand Junction • Main St. • downtowngj.org

Nucla • 356 Main St. • WEFarmersMarket Facebook

Friday

Ridgway • Hartwell Park • ridgwayfarmersmarket.com

Telluride • South Oak St. • thetelluridefarmersmarket.com

Saturday

Gunnison • Main and Virginia St. • gunnisonfarmersmarket.com

Hotchkiss • Creamery Arts Center • Hotchkiss Saturday Market Facebook

Montrose • S. Uncompahgre off Main St. • montrosefarmersmarket.weebly.com

Norwood • Grand Avenue

Sunday

Crested Butte • Elk Avenue between 1st and 2nd • cbfarmersmarket.org

Palisade • 3rd and Main Streets • townofpalisade.org



Farms and Ranches offering CSA* Community Supported Agriculture

Alpenglow Growers Flower Farm • pg.12

Circle A Gardens • pg.7

The COOP • pg.17

Ela Family Farms • pg.5

Gunnison Gardens • pg.8

Indian Ridge Farm • pg.13

Milk and Honey Homestead • pg.3

Mountain Roots Food Project • pg.10

Parker Pastures • pg.14

Thistle Whistle Farm • pg.11

Yurtstead Farm • pg.11

*a system where subscribers pledge to share the risks and benefits of production in exchange for a share of products. Some CSAs offer work-shares or optional on-site work days.



WESTERN COLORADO FOOD & FARM FORUM

JANUARY 2021 and 2022
Montrose, Colorado

~ Improving the Holistic
Production, Consumption, and
Marketing of Local Food ~

AGRI - BUSINESS WORKSHOPS

Soil Health
Innovative Crop and Livestock Production
Agri-Business Management & Marketing
Specialty Crops



FOODFARMFORUM.ORG

foodfarmforum@gmail.com

BEVERAGES

MOUNTAIN VIEW WINERY



Wendy Young 5859 5825 Rd. Olathe, CO 81425
970.323.6816 mountainviewwinery@gmail.com
mountainviewwinery.com

Located on our 3rd generation orchard, Mountain View Winery combines the knowledge of our past with the latest in wine-making techniques. We believe our wine will delight our patrons, as our fruit has for 50+ years. Our tasting room and gift shop is open year-round. Monday through Saturday - 10am to 6pm.

PHELANIES



Phil Freismith 846 E. Main St. Montrose, CO 81401
970.275.7953 phil@horseflybrewing.com phelanies.com

Phelanies is a small speakeasy type bar featuring handmade fresh cocktails featuring local cherries, apricots, peaches, and more. Seasonal selections change at least as regularly as the pass-phrase. Check us out on FB for current selections, specials, and the daily pass-phrase.

STORM KING DISTILLERY Co & DLICIOUS FOOD Co.



David Fishing & Chef Daniel Castillo 41 W. Main St. Montrose, CO 81401
970.765.5606 david@stormkingdistilling.com stormkingdistilling.com

Storm King Distillery Co and Dlicious Food Co join ranks to deliver the perfect pairing of finely crafted whiskies, gin, rum, and agave spirits with freshly prepared seasonal menu offerings, both featuring local grown ingredients. Our tasting room, food truck, theme nights, and live music create a unique local vibe. Join us for Sunday brunch, 10am-4pm, Thu-Fri, 4pm-9pm and Sat 1pm-9pm.

ICON KEY



Market/Farm Stand



Herbs/Apothecary



Eggs



Vegetables



Dairy



Prepared Foods/Baked Goods



Farm/Garden/Ranch Supply



Honey



Flowers



Agritourism



Restaurants & Caterers



Organizational Partners



Meat



Fruit



Beverages



Accepts LFRx Bucks

BEVERAGES

TWO RASCALS BREWING CO.



Dan Leonardi ☞ 147 N. 1st St. Montrose, CO 81401

970.249.8689 ☞ info@tworascalsbrewing.com ☞ tworascalsbrewing.com

We are a micro-brewery that produces fine, handcrafted beers in small batches, utilizing fresh ingredients and local hops. We now have our own food truck out back: burgers, brats, and bar munchies from Windrift Meats, Olathe, CO. Join us for a burger and a pint Tuesday–Thursday 4pm–9pm, Friday–Saturday 1pm–10pm, and Sunday 1pm–8pm.

WEST ELKS AVA



westelksava@gmail.com ☞ westelksava.com

The West Elks American Viticulture Area spreads through Delta County on the Western Slope of Colorado. It boasts some of the highest vineyards in North America and some of the best Colorado Wine. Meet the vintners and savor exquisite wine during the annual North Fork Uncorked in June and the West Elks Wine Trail in August.

Cultivate Growth EAT LOCALLY

Why Eat Local?

- Fresh tastes better!
- Supports local farms
- Grows our economy

Learn how VFP is supporting the health of our community and how you can support our work at:

valleyfoodpartnership.org



Valley Food
PARTNERSHIP

Home of the Growing Healthy Communities Coalition

RESTAURANTS & CATERERS

CAMP ROBBER, LLC



Kim and Bill Volk ~ 1515 Ogden Rd. Montrose, CO 81401

970.240.1590 ~ camprobberr@hotmail.com ~ camprobberr.com 

We're a locally owned restaurant and catering company, since 1994. We provide flavorful menu items, created and prepared by our chefs, using local ingredients when possible. Please dine with us or call for catering.

DAILY BREAD BAKERY & CAFE



Margaret Johnson ~ 346 E. Main St. Montrose, CO 81401

970.249.8444

A mom and pop shop, The Daily Bread Bakery and Cafe was established 28 years ago. Our farm and ranch provides a continual supply of locally-grown products, which in turn provides wonderfully fresh soups, salads and meals for our restaurant patrons.

EATERY 66



Spencer and Katie Graves ~ 520 Sherman St. Ridgway, CO 81432

970.626.5901 ~ info@eatery66.com ~ eatery66.com 

We're a family owned and operated outdoor eatery creating home-spun, local meals made with heart by Chef Spencer Graves. By sourcing our food locally and seasonally, we are creating better tasting and fresher meals where the high quality ingredients speak for themselves. Our menu will vary and develop with creative inspiration, seasonal tides, local freshness or a client's visions. Open seasonally, Thursday-Monday: Lunch 11:30-2:30 and Dinner 5:00-8:30.

ICON KEY



Market/Farm Stand



Herbs/Apothecary



Eggs



Vegetables



Dairy



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Farm/Garden/Ranch Supply



Honey



Flowers



Agritourism



Restaurants & Caterers



Organizational Partners



Meat



Fruit



Beverages



Accepts LFRx Bucks

RESTAURANTS & CATERERS

HORSEFLY BREWING COMPANY



Phil Freismith ~ 846 E. Main St. Montrose, CO 81401

970.249.6889 ~ phil@horseflybrewing.com ~ horseflybrewing.com

Horsefly Brewing Company believes that each beer should be as honest as possible. The ingredients are traditional: locally malted barley, hops, pure water and yeast, with the occasional “unique” ingredient! The Horsefly is committed to supporting our local community. We serve hamburgers, brats, sausages, and dogs made from local, sustainably raised beef and pork. Open daily at 11am.

KENDRA’S KITCHEN NATURAL FOODS



Kendra A. Wilcox ~ 835 N. Uncompahgre Ave. Montrose, CO 81401

970.708.7759 ~ 800.894.9086 ~ kendraskitchen52@gmail.com
kendraskitchen.com

est in 1987. Find us at Farmers Markets in Mountain Village and Telluride in Summer 2020. Serving Himalayan yak burgers with garden grown tomato ketchup, organically better beverages, seasonal fruit, brownies and sustainable energy creative cookies. Local produce and yak meat from Uncompahgre Valley. Find Kendra’s Kitchen Seasoning and BBQ sauce at the Mountain Village Grocery, Over the Moon Cheese Shoppe, Ray’s Jerky, Straw Hat Farm Market and online. Also available for cooking classes, chef demos, weddings and personal chef services.

LIVING FARM CAFÉ AND INN



Chef Mike Gillespie ~ 120 Grand Ave. Paonia, CO 81428

Café: thelivingfarmcafe.com ~ 970.527.3779 ~ Inn: 970.510.6689

Farm: 39776 Green Tractor Rd. ~ thelivingfarm.org ~ 970.765.8385

The Living Farm Café and Inn is one of very few true farm-to-table restaurants in Colorado. Our Café features farm-fresh and organic produce, meat, cheese and eggs from our farm and others in the area. Our Inn continues the natural farm atmosphere on the second floor of our lovely historic building. We offer free breakfasts to our guests and money saving vacation packages, farm tours, workshops and special events throughout the year.

RESTAURANTS & CATERERS

LOBBY GRILLE

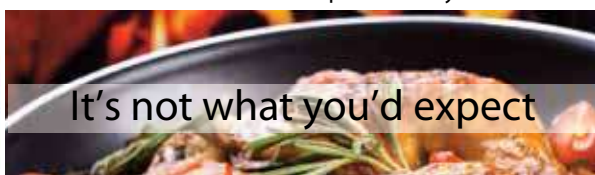


At the Montrose Memorial Hospital 800 S. 3rd St. Montrose, CO 81401

970.240.7141 lobbygrille.montrosehospital.com

Montrose Hospital's Lobby Grille combines innovation, non-profit sensibilities, local partnerships and creativity into one delicious experience. Our mission is to use whole, local foods when and wherever we can. Join us at The Lobby Grille, "It's not what you'd expect." Open seven days a week for breakfast 7:30am-10:45am and for lunch & dinner from 11am-7pm.

Montrose Memorial Hospital's Lobby Grille



Order Online @ lobbygrille.montrosehospital.com

PINE CONE CATERING Co.



Heather Crane

970.209.9630 info@pineconeunlimited.com pineconeunlimited.com

At Pine Cone we are constantly finding ways to bridge the gap between farm and fork! We proudly start everything from scratch including all of our own breads which can be found at the Montrose Farmers Market! No vision is too big in our little kitchen and we would love to share that with you and be a part of your next event!! Cheers!!

REMINGTON'S RESTAURANT AT THE BRIDGES



Chef Janet Tooke 2500 Bridges Dr. Montrose, CO 81401

970.252.1119 montrosebridges.com

Recipient of Wine Spectator Award of Excellence. Full service restaurant and bar serving lunch, dinner and Sunday Brunch. We also host weddings and other special events. We use local produce as available and offer many outstanding local wines. Join us for live music and the best views and patio in Montrose. Serving our guests seven days a week.

RESTAURANTS & CATERERS



Remington's
Casual dining with a view!

Open for Lunch and Dinner • Jeans Welcome
Brunch served Sunday 10 am to 2 pm
Check web and FB for COVID updates

Reservations Suggested 970.252.1119
2500 Bridges Drive • Montrose, Colorado • MontroseBridges.com



SUNRISE BURRITOS



Erin Trembly ≈ 16612 S. Townsend Montrose, CO 81401
970.316.3484 ≈ erintrembly@gmail.com

This is a Mom and Pop operation that prides ourselves on made-to-order, grilled-to-perfection breakfast (and lunch) burritos. All of our burritos feature our house-made Green Chile sauce from NM Hatch Green Chiles, locally produced La Milpa tortillas, and our coffee from Buckhorn roasters right here in Montrose. Breakfast burritos start flying early: M-F: 6:30am to 1:30pm, Sat: 7:30 to 12:00. True Colorado comfort food done right and fast.

THE TRUE GRIT CAFE



Tammee Tuttle ≈ 123 N. Lena St. Ridgway, CO 81432
970.901.9185 ≈ truegritcafe@rocketmail.com ≈ truegritcafe.com

Established in 1985, The True Grit Cafe is a premier “Ranch-to-Fork” eatery. From burgers to steak, our meat is fresh and local providing original comfort food with a fresh flair. Visitors love the comfort of being able to lean back and relax with one our specialty drinks with a view of the San Juan’s from the balcony deck and the most juicy, cooked-to-order steak. The True Grit Cafe family is waiting to serve you your next great meal. The True Grit Cafe – True History, True Community, True Comfort.

ICON KEY



Market/Farm Stand



Herbs/Apothecary



Eggs



Vegetables



Dairy



Prepared Foods/Baked Goods



Farm/Garden/Ranch Supply



Honey



Flowers



Agritourism



Restaurants & Caterers



Organizational Partners



Meat



Fruit



Beverages



Accepts LFRx Bucks



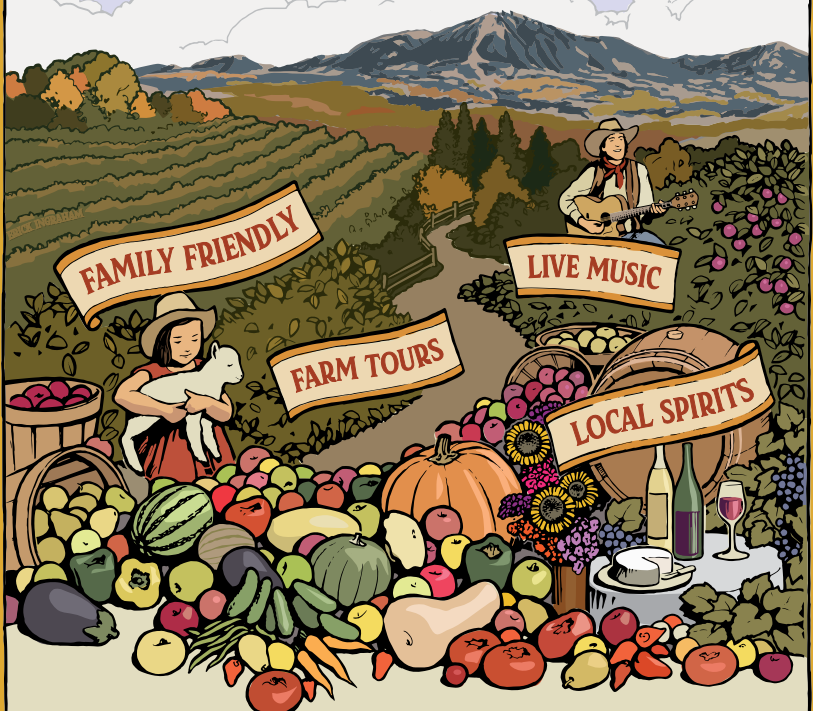
MOUNTAIN HARVEST FESTIVAL

PAONIA COLORADO



20TH ANNIVERSARY

SEPTEMBER 24-27 2020



WWW.MOUNTAINHARVESTFESTIVAL.ORG

PREPARED FOODS & BAKED GOODS

BLUE GROUSE BREAD



Hannah and Ben Rossman ~ 1630 Summit St. Norwood, CO 81423 
802.324.4025 ~ bluegrousebread@gmail.com ~ bluegrousebread.com

Blue Grouse Bread is an all organic wholesale artisan bread bakery run by cousins Hannah and Ben Rossman. BGB currently serves grocery and restaurant accounts in Norwood, Telluride, Montrose and Ridgway. At our bakery, we mill 100% of our own whole wheat flour from Colorado wheat berries. With a grant funded community mill and sifter, Blue Grouse hopes to revitalize the grain economy of Wright's Mesa and beyond by linking local growers with local bakers. For a complete listing of locations selling our bread, please visit our website.

DADS PATCHWORK FARM, LLC




Sandy Brown ~ 15664 6100 Rd. Montrose, CO 81403
970.249.9556 ~ dads@wic.net

We're a Colorado proud bakery using organic flour, locally sourced ingredients and products grown on our farm. We proudly support Valley Food Partnership by providing baked goods for local food events. We are available by phone or email for ordering and on-farm pick-up. In the meantime, try our bakery items at Cimarron Coffee Roasters in Montrose and Ridgway, and the Apple Shed in Cedaredge.

HARTMAN GARDENS



Janet Hartman ~ 16379 6300 Rd. Montrose, CO 81403
970.249.3120 ~ hartmangardens.net 

Hartman Gardens is a small, family-owned garden and orchard near Montrose, Colorado. Fresh preserves are made in our canning kitchen the old-fashioned way—one small batch at a time. We use reduced-sugar recipes to maintain the natural fruit flavors and we don't add artificial coloring or preservatives. Available online, at Hartman Gardens, at Montrose and Ridgway Farmers Markets, and at retail stores throughout the Western Slope.

PREPARED FOODS & BAKED GOODS

MOUNTAIN OVEN ORGANIC BAKERY



Chris Sullivan 395 Clark Ave. Paonia, CO 81428

970.765.7130 ~ bread@mountainoven.com ~ mountainoven.com 

Mountain Oven is an organic bakery and caterer – we provide sourdough breads & pastries and offer farm-to-table catering through special events, Farmers Markets, and regional wholesale distribution. We bake with intention and care using stone-ground flours freshly milled in-house and natural leaveners for optimal nutrition and flavor. We understand health holistically: our soil, our spirits, our bodies, our sustenance, and our community are all inextricably linked. Check our website for more information on our products and where to find us!



SMALL POTATOES BAKERY



Monica Wiitanen ~ 40575 O Rd. Paonia, CO 81428

monzita@paonia.com 

Farm Produce: Scott Horner, 970.589.3216. Vegetables, flowers, berries, and herbs. To receive our weekly “Fresh Picked/Dug for YOU!” produce list, email Scott at smallpotatoesfarm.co@gmail.com.

Bakery: Monica Wiitanen, 970.527.4051. Artisan breads (and more!) from our wood-fired oven. To receive our weekly bakery list, please email smallpotatoesbakery@gmail.com or visit our Facebook page. Barn Market (for produce and flowers) and Bakery summer hours: Friday 3–7, Saturday 10–5, Sunday 10–3.

ICON KEY



Market/Farm Stand



Herbs/Apothecary



Eggs



Vegetables



Dairy



Prepared Foods/Baked Goods



Farm/Garden/Ranch Supply



Honey



Flowers



Agritourism



Restaurants & Caterers



Organizational Partners



Meat



Fruit



Beverages



Accepts LFRx Bucks

FARM, GARDEN & RANCH SUPPLY

BEARFOOT FINE GARDENING



Julie King

208.270.4158 ~ 208.270.0699 ~ bearfootfinegardening@gmail.com 

We provide excellent property maintenance for your home or business. No space is too small- as we enjoy planting containers for decks and patios. Want to install a kitchen garden or raised beds for self sustainability? Want those noxious weeds gone? Tired of hearing your neighbor's lawn company? We have programs that address many garden concerns. We prefer to source from local vendors.

BEAVER LAKES NURSERY & LANDSCAPE SUPPLY



Ed or Lyn Kneese ~ 13890 Marine Rd. Montrose, CO 81403
970.240.4611 ~ beaverlakes@gmail.com ~ beaverlakesnursery.com

A family owned and operated business since 1997, Beaver Lake's is Montrose's largest landscape supply yard. Our passion is to help every customer have their needs met and supply them with a product that is affordable and of high quality. We provide top quality soils, amendments and organic supplies. We also make custom soil blends at request.



BUILDASOIL, LLC



Jeremy Silva ~ 5016 N. Townsend Ave. Montrose, CO 81401
855.877.7645 ~ support@BuildASoil.com ~ BuildASoil.com

We assist organic gardeners in growing the best plants they have ever experienced. Our system is based on combinations of dynamic accumulators, diverse minerals, and soil biology. We carry organic soil amendments, individual organic soil fertilizers, worms, worm castings etc. NEW!! Fresh Veggies! BuildASoil Family Farms is proud to offer Farm Fresh Produce at the BuildASoil Store.

PREMIUM ORGANIC GARDEN & GROW SUPPLY

**BuildASoil carries dozens of locally
produced garden products!**

VISIT ONLINE OR IN-STORE TO LEARN MORE

New Fresh Veggies!!

BuildASoil Family Farms is proud to offer
Farm Fresh Produce at the BuildASoil Store

- Bulk Organic Soil and Amendments
- Indoor, Greenhouse and Farm Growing Supplies
- Bulk Wholesale, Agricultural and Commercial
Grow Pricing Specials



BUILD  SOIL.COM



**All your Organic Farm, Garden,
and Grow Supplies in One Place**

www.BuildASoil.com | instagram @buildasoil

Toll Free: 855-877-SOIL

5016 N. Townsend Avenue, Montrose

FARM, GARDEN & RANCH SUPPLY

CAMELOT GARDENS



Sheree Wanner ~ 16612 S. Townsend Ave. Montrose, CO 81401
970.249.6109 ~ camelotgardens@montrose.net ~ camelotgardens.com



Locally owned since 1994, we are a complete Garden Center and Gift Shoppe. Many of our vegetable annuals and perennials are grown on site. Heirloom varieties, complete organic selection, garden supplies, home-grown hanging baskets and pots, trees, shrubs, perennials and a fabulous Christmas Shoppe. Amazing selection and service.

DELTA ELEVATOR



David and Michelle Livingston ~ 551 W 5th St. Delta, CO 81416
970.874.7689 ~ thedeltaelevator.com



The Delta Elevator provides quality livestock nutrition. We support local farmers by sourcing local grains as much as possible, providing non-GMO grains and a variety of mixes that can be customized. Feed by the bag or we can fill barrels, totes, open beds and open trailers. Open Tues-Sat 9 a.m. – 5 p.m. Closed Sun – Mon.



**DELTA ELEVATOR**
551 W. 5th St. - Delta
(970) 874-7689

*Bulk & bagged feed for
all your livestock*

Non-GMO Corn/Soy
Locally Sourced Grains

We proudly support Valley Food Partnership & sustainable agriculture on the Western Slope

IVYWILD GARDENS



Frances Baer ~ 4304 Hwy 348, Olathe, CO 81425
970.209.2840 ~ francesbaer@yahoo.com



Ivywild Gardens offers a variety of plants that include veggie starts, herbs, perennials, annuals, succulents, shrubs, baskets, and container gardens. Plants include those that are drought tolerant, deer resistant, high altitude, or thrive in hot summers. Look for me at the Farmers Markets in Ridgway and Montrose, or at my Pea Green greenhouse, seven miles west of the Olathe stoplight on Highway 348. Call first, I'm not always there.

FARM, GARDEN & RANCH SUPPLY

PAONIA SOIL CO.



Bart Eller ~ PO Box 1681 Paonia, CO 81428

970.270.8037 ~ paoniasoilco.com

Colorado wholesale manufacturer of artisan crafted, all natural, organic “true living” biodynamically prepared super potting soil with over 20,000 microbes and balanced nutrients. Paonia Soil Company is a distributor of Smart Pots, the fabric aeration gardening container. Our products can be found locally at Paonia Farm and Home Supply and High Desert Seed and Garden.

ROCKY MOUNTAIN BioAg



Brandon Kail ~ 3045 Aerotech Parkway, Unit 6 Montrose, CO 81401

877.874.2334 ~ 970.623.2281 ~ support@rockymountainbioag.com
rockymountainbioag.com

We grow plants to their fullest genetic potential using biological and organic products. Our proven, easy organic products include beneficial soil and plant biology, liquid and dry fertilizers, weed and insect killers, trace minerals, living organic soil, soil amendments, growing supplies and equipment. Since 2008 we have supported, researched and provided premium organic solutions for agriculture, cannabis, hops, landscape, turf, trees, vineyards, and the home gardener. We are here, and this business exists to impact people for eternity. This is our ultimate goal!

SAN JUAN GARDENS, INC.



Gayle Goodhue and Glen Goodhue ~ 12225 6530 Rd. Montrose, CO 81401

970.249.2052 ~ sanjuangardens@montrose.net

Family owned and operated farm since 1996. We offer locally grown evergreen and deciduous landscape trees, fruit trees, shrubs, perennials, annuals and vegetable plants, organic soil amendments and fertilizers. Planting service available. Farm-fresh rhubarb grown on-site, picked daily in season.

ICON KEY



Market/Farm Stand



Herbs/Apothecary



Eggs



Vegetables



Dairy



Prepared Foods/Baked Goods



Farm/Garden/Ranch Supply



Honey



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Agritourism



Restaurants & Caterers



Organizational Partners



Meat



Fruit



Beverages



Accepts LFRx Bucks

FARM, GARDEN & RANCH SUPPLY

SEED LIBRARY — DELTA COUNTY LIBRARIES



149 E. Main St. Hotchkiss, CO 81419

970.399.7876 ~ dcpld@deltalibraries.org ~ deltalibraries.org

The Delta County Seed Library provides thousands of seed packets to library patrons every year. By offering a collection of heirloom seeds to grow, harvest, and return, we hope to inspire a community of growers who save seeds for continued and future use. The library district's mission is to serve and empower people by providing resources for life, leisure, and learning. Delta County Libraries has locations in Cedaredge, Crawford, Delta, Hotchkiss and Paonia. Seeds are available annually at every library beginning in March.

WESTERN SLOPE AG CENTER



412 S. 5th St. Olathe, CO 81425

970.323.5869 ~ westslopeagcenter@gmail.com ~ westslopeagcenter.com

We are a family owned business and thrive on being local and supporting local. Our store provides and manufactures specialty feeds for any farm. Your local supplier for feed, seed, and fertilizer. Our two convenient locations in Olathe and Grand Junction Colorado serve the entire Western Slope with convenient delivery options. Everything you need for your farming and ranching operations is here, and if you have questions, just ask. We have decades of ranching and farming experience. Open Monday to Friday.

WHERE GROWING THINGS RIGHT IS OUR BUSINESS



- Custom Feed Rations
- Feed Mill
- Animal Health Products
- Fertilizer
- Seed
- Show Supplies

**LET US HELP YOU DEVELOP A
CUSTOM FEED FOR YOUR ANIMALS.**

412 5TH STREET OLATHE, CO 81425
970.323.5869—WESTSLOPEAG.COM

VFP ORGANIZATIONAL PARTNERS

THE CENTER FOR MENTAL HEALTH



Information and Appointment Line: 970.252.3200 ☎ 24/7/365

Crisis Line: 970.252.6220 ☎ centermh.org

Crisis Walk-In Center: 300 N. Cascade Ave. Montrose, CO 81401

The Center for Mental Health is a nonprofit organization providing high quality behavioral health care to our communities. We look forward to meeting your needs. We take many forms of insurance and offer self-pay options. Our new Crisis Walk-In Center is centrally located in Montrose and provides care 24/7/365 for those experiencing a mental health or substance use crisis.

For all your behavioral healthcare needs

High-quality care, close to home

Services we offer include:

- Individual and group therapy
- Substance use counseling
- Medication management
- Psychological evaluations
- Peer services

Call 970.252.3200 to learn more
or to make an appointment.

To find a location near you,
visit www.centermh.org.

 **THE CENTER**
for Mental Health



VFP ORGANIZATIONAL PARTNERS

CITY OF MONTROSE ~ VISIT MONTROSE



107 South Cascade Ave. Montrose, CO 81401 ~ 970.497.8558
 info@visitmontrose.com ~ cityofmontrose.com ~ visitmontrose.com



COLORADO AGRITOURISM ASSOCIATION



970.874.9532 ~ coloradoagritourismassociation.org

Empowering Colorado producers to build and diversity economic strength through agritourism.

CSU EXTENSION, TRI-RIVER AREA



Susan Carter ~ PO Box 20,000-5028, Grand Junction, CO 81502
 970.244.1834 ~ susan.carter@mesacounty.us ~ tra.extension.colostate.edu

The Mission of CSU Extension is “to provide information and education and encourage the application of research-based knowledge in response to local, state, and national issues affecting individuals, youth, families, agricultural enterprises and communities of Colorado.”

ICON KEY



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Eggs



Vegetables



Dairy



Prepared Foods/Baked Goods



Farm/Garden/Ranch Supply



Honey



Flowers



Agritourism



Restaurants & Caterers



Organizational Partners



Meat



Fruit



Beverages



Accepts LFRx Bucks

VFP ORGANIZATIONAL PARTNERS

HISPANIC AFFAIRS PROJECT, HAP



Ricardo Perez ~ 1010 S. Cascade Ave. Suite A1 Montrose, CO 81401
970.249.4115 ~ ricardo@hapgj.org ~ hapgj.org

Since 2005, HAP has been providing attention to the needs of the immigrant/refugee community in western Colorado. Our work focuses on immigration legal assistance, leadership development, migrant farm-worker outreach, combating human trafficking and supporting pro-immigrant policies.

THE LEARNING COUNCIL



Alicia Michelsen ~ 318 Orchard Ave. Paonia, CO 81428
970.433.5852 ~ thelearningcouncilpaonia@gmail.com ~ thelearningcouncil.org

Education with a focus on Agriculture, sustainability, health, art, and community building. The Learning Council provides lunch at the Trading Post on Thursdays cooked with local, organic, and biodynamic foods prepared by students and community members. Check our website for dates we are serving and upcoming classes.

MONTROSE COMMUNITY FOUNDATION



Sara Plumhoff ~ PO Box 3020 Montrose, CO 81402
970.249.3900 ~ montrosecommunityfoundation@gmail.com ~ montrosecf.org

The Montrose Community Foundation (MCF) is a charitable organization with the long-term goal of building permanent funds for the benefit of the residents in the Montrose community. The MCF serves the community as a non-profit resource, it gives grants, administers scholarships, collaborates with community groups and encourages philanthropy to help fund community projects.

Powered by generosity for 30 years!



We envision a healthy and vibrant community created, sustained, and supported by its members and...
powered by generosity.

nonprofit resources ~ scholarships ~ donor services
montrosecf.org ~ 970.249.3900

VFP ORGANIZATIONAL PARTNERS

MONTROSE MEMORIAL HOSPITAL



970.249.2211 ~ www.montrosehospital.com

As the leading healthcare facility in the San Juan Valley, MMH offers patients personalized and professional healthcare, backed by the latest technology and practices. Through a unique combination of the latest in healthcare technology, experience and partnership, we continue to evolve and broaden our comprehensive services.

NATIONAL YOUNG FARMERS COALITION



Erin Foster West ~ 1536 Wynkoop St. Denver, CO 80202

202.780.5464 ~ westernwater@youngfarmers.org ~ youngfarmers.org

The National Young Farmers Coalition is a national advocacy network of young farmers fighting for the future of agriculture. We change policy, build networks, and provide business services to ensure all young farmers have the chance to succeed. Join us today!

NORTH FORK VALLEY CREATIVE COALITION



Susie Lowe ~ 130 Grand Ave, Suite #201 PO Box 143 Paonia, CO 81428

970.275.3453 ~ director@northforkcreative.org ~ northforkcreative.org

NFVCC is a nonprofit 501c3 organization committed to fostering the development of a vibrant community and diverse creative economy in the North Fork Valley. NFVCC manages Paonia Creative District and hosts the annual North Fork Valley Art and Ag Tour.

ICON KEY



Market/Farm Stand



Herbs/Apothecary



Eggs



Vegetables



Dairy



Prepared Foods/Baked Goods



Farm/Garden/Ranch Supply



Honey



Flowers



Agritourism



Restaurants & Caterers



Organizational Partners



Meat



Fruit



Beverages



Accepts LFRx Bucks

VFP ORGANIZATIONAL PARTNERS

ROCKY MOUNTAIN FARMERS UNION FOUNDATION



303.283.3549 ~ rmfu.org

The RMFU Educational and Charitable Foundation promote the well-being of rural communities and the family farmers and ranchers of Wyoming, Colorado, and New Mexico. The Foundation offers leadership training, youth education opportunities, funds, and expertise to groups and individuals involved in cooperative enterprises, local food initiatives, and hometown community initiatives. The RMFU Cooperative and Economic Development Center works with USDA Rural Development to fund programs that promote rural communities and economies.

SHARING MINISTRIES FOOD BANK



Oneda Doyal ~ 49 North 1st St Montrose, CO 81401

970.240.8385 ~ office@sharingministries.com ~ sharingministries.com

We are committed to obtaining the freshest food possible and distributing it at no cost to those who need food assistance in Montrose, Delta, Gunnison, Ouray, and San Miguel counties. We also facilitate education on healthy living and a connection to other community resources. Dignity and respect to all is our priority.

TOWN OF OLATHE



419 Horton Avenue / PO Box 789 Olathe, CO 81425

970.323.5601 ~ townofolathe.org

Olathe is an agricultural community that supports fresh local produce growers, ranchers, their families and our residents.

ICON KEY



Market/Farm Stand



Herbs/Apothecary



Eggs



Vegetables



Dairy



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Farm/Garden/Ranch Supply



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Beverages



Accepts LFRx Bucks

VFP ORGANIZATIONAL PARTNERS

UNCOMPAGHRE VALLEY ALLIANCE (UVA)



UVA@westerncoloradoalliance.org ~ westerncoloradoalliance.org
970.256.7650

The Uncompahgre Valley Alliance (UVA) is an affiliate of Western Colorado Alliance. Our mission is to bring people together to build power through community organizing and leadership development, working for a community that is healthy, just and self-reliant. Since 1982, UVA has successfully campaigned on social and economic justice, environmental stewardship, local food production and more. For more information, call 970-256-7650.

VALLEY ORGANIC GROWERS ASSOCIATION



Emily Hartnett ~ P.O. Box 1423 Hotchkiss, CO 81419
vogaco@gmail.com ~ vogaco.org

VOGA is a membership-based non profit organization focused on promoting sustainable agriculture in the North Fork Valley in Delta County. We are a group of farmers, ranchers, orchardists, vintners, and agricultural related business owners in Western Colorado that care about healthy soil, clean water, and preserving our unique growing region. We offer classes, workshops, farm tours, and events to our community, and publish an annual directory. Check out our online member directory, our new "Resources" page, and our events schedule on our website.

VIVA LA VIDA FOUNDATION AND RANCHO DEL GALLO DAIRY



Caren von Gontard ~ P.O. Box 403 Paonia, CO 81428
970.201.0125 ~ vivalavida.paonia@gmail.com ~ vivalavidafoundation.org

Viva la Vida Foundation was formed to train people in the areas of agriculture, architecture, and depollution work. We provide education on Spiritual Agriculture as taught by Enzo Nastati based on the work of Rudolf Steiner, homeopathy and sacred geometry. This form of agriculture provides increased production and quality with fewer inputs.

CHECK OUT LOVIN' LOCAL ONLINE AT VALLEYFOODPARTNERSHIP.ORG

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